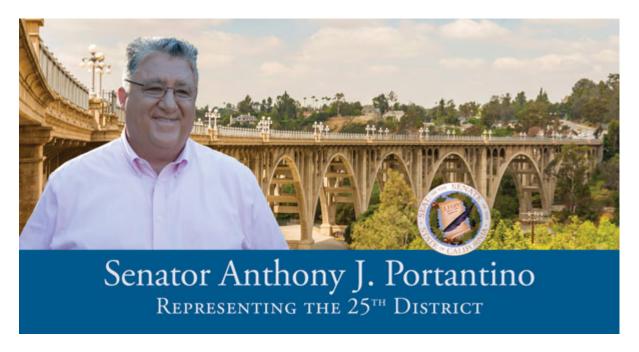


## Le sénateur américain Portantino & un panel de thérapeutes (dont 2 Arméniennes) répondront aux questions sur le Covid-19, samedi 11 avril à 11h

Dear Friends and Neighbo rs,



I want to take this opportunity to let you know that this Saturday, April 11, 2020 First District PTA and I are partnering with four family therapists for a virtual Family Health Forum. This forum will provide strategies and recommendations for families abiding by social distancing to better cope with the effects of COVID.

The way in which this will work is, first please email me a question that you would like answered during the forum to this email: <a href="mailto:Portantino.FamilyHealthForum@gmail.com">Portantino.FamilyHealthForum@gmail.com</a>

And second, call the number below on Saturday morning to join the Forum.

We will try to answer as many questions as possible. There is only so much capacity that the phone lines can hold. If you cannot get through to listen or need closed captioning services, the virtual

forum will also be streaming on my website which you can find <a href="here">here</a>.

| WHO:      | Hosts: Senator Anthony J. Portantino             |
|-----------|--|
|           | First District PTA                               |
|           | Panel Participants:                              |
|           | First District PTA                               |
|           | Senator Anthony J. Portantino                    |
|           | Lara Mekhitarian , LMFT                          |
|           | Anna Marie Rossi, MA – LMFT                      |
|           | Nora Chiltilian – LMFT, Typical & Special Needs  |
|           | Children   |
|           | George Holbrook, LMFT, Clinical Director -Family |
|           | Service Agency                                   |
| WHAT/HOW: | Virtual Town Hall / Family Health Forum          |
|           | COVID-19 Impact and Challenges                   |
|           | Call in Number: Call: (844) 721-7241;            |
|           | Access Code: 4471730                             |
|           |  |
| WHEN:     | Saturday, April 11, 2020                         |
|           |  |
|           | 11 a.m. ? 1:00 PM                                |
|           |  |
|           |  |

This event is free and open to the public. Please email questions and comments for discussion to <a href="mailto:Portantino.FamilyHealthForum@gmail.com">Portantino.FamilyHealthForum@gmail.com</a>

With all of my love and labor at your service,

## Family Health Forum

## Sen. Anthony J. Portantino First District PTA

Helping our children & families cope with **COVID-19**.

Join us in a robust discussion with
First District PTA • Senator Anthony J. Portantino
Lara Mekhitarian, LMFT • Anna Marie Rossi, MA - LMFT
Nora Chitilian, LMFT - Typical & Special Needs Children
George Holbrook, LMFT, Clinical Director - Family Service Agency

## SATURDAY, APRIL 11 @ 11 AM

Two ways to participate:
Listen in - Call Toll-Free: 844.721.7241 Access Code: 4471730
Log on - https://sd25.senate.ca.gov

Please email questions/comments for discussion to: Portantino.FamilyHealthForum@gmail.com

Hon. Anthony J. Portantino